

Schedule for 2024 –2025

TODDLER CLASS GIRLS&BOYS

Age	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
3-4 y.o.	4-5pm 5-6pm	4-5pm 5-6pm	4-5pm 5-6pm	4-5pm 5-6pm 6-7pm	4-5pm 5-6pm	10-11am 11-12pm	9.45-10.45am

RHYTHMIC GYMNASTICS GIRLS ONLY

Age	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Beginners 5-8 y.o.	4-5.30pm	4-5.30pm 5.30-7pm	4-5.30pm	4-5.30pm 5.30-7pm	4-5.30pm	10-11.30am
Advanced 5-8y.o	4-5.30pm		4-5.30pm		4-5.30pm	
PreTeam/ Level 3		5.30-7.30pm		5.30-7.30pm		11.30-1.30pm
Team Level 4	5-7.30pm		5-7.30pm		5-7.30pm	11.30-2.00pm

TRAMPOLINE AND TUMBLING

Age	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Beginners 5-10 y.o.	4.30-6pm 6-7.30pm	4-5.30pm 5.30-7pm	4.30-6pm 6-7.30pm	4-5.30pm 5.30-7pm	4-5.30pm	10-11.30am	9.15-10.45am
Advanced 5-10 y.o	4-5.30pm		4-5.30pm		4-5.30pm	11.30-1pm	
PreTeam Team	5.30-7.30pm	5.30-7.30pm	5.30-7.30pm	5.30-7.30pm	5.30-7.30pm	11.30-1.30pm	

SILK CLASS + BASIC TRAMPOLINE

Age	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8 y.o. & up		5.30-7pm		5.30-7pm		11-12.30pm

MOMMY & ME CLASS

Age	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1.5-3 yo	3-4pm					9-10am	8.45-9.45am

