



Schedule for 2025 –2026

TODDLER CLASS

Age	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
3 - 4 y.o.	4-5pm 5-6pm	4-5pm 5-6pm	4-5pm 5-6pm	4-5pm 5-6pm	4-5pm	10-11am 11-12pm	9:45- 10:45am

RHYTHMIC GYMNASTICS GIRLS ONLY

Age	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Beginners/ Intermediate 5-8 y.o.	4-5.30pm	4-5.30pm 6-7.30pm	4-5.30pm	4-5.30pm 6-7.30pm		10-11.30am
Level 3		5-7pm		5-7pm	4-6pm	
Level 4		5-7.30pm		5-7.30pm	5-7.30pm	11.30-2pm
Level 5	5-8pm		5-8pm		5-8pm	11.30-2.30pm

TRAMPOLINE AND TUMBLING

Age	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Beginners/ Intermediate 5-10 y.o.	4-5.30pm 5:30-7pm	4-5.30pm 5.30-7pm	4-5.30pm 5:30-7pm	4-5.30pm 5.30-7pm	4-5.30pm	10-11.30am 11-12.30pm	9.15- 10.45am
Team 5-10 y.o	5.30- 7.30pm	5.30- 7.30pm	5.30- 7.30pm	5.30- 7.30pm	5.30- 7.30pm	11.30- 1.30pm	

MOMMY & ME CLASS

Age	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1.5-3 y.o	3-4pm					9-10am	8.45- 9.45am